

Community Development Report

East Area Panel, Item 8

Committee:	East Area Panel	Agenda Item
Date:	21 November	8
Title:	Community Development Report	
Author:	Community Development Officer , Sports Development	Item for decision

Summary

- 1 To advise the Panel of related community development activities and schemes with which officers have been involved since the previous Panel meeting.
- 2 To bring to the Panel's attention important community based activities that will be taking place during the next few months.

Recommendations

- 3 That the Panel endorses the actions taken by officers to promote greater community capacity and well-being for the community.

Background Papers

None.

Situation

Bodycare 2006/07

- 4 Bodycare is a 5-week health promotion scheme run by Uttlesford District Council, Sports Development in partnership with Uttlesford Primary Care Trust. The scheme fits very well in to national curriculum, meeting most of the Health Related Exercise Learning Outcomes for Key Stage 2. These include:
 - ◆ Safety Issues
 - ◆ Exercise Effects
 - ◆ Health Benefits
 - ◆ Activity Promotion

It is also possible to link the scheme into a science programme. The scheme is ideally suited for children in years 5 and 6 and aims to:-

- Encourage children to become more active away from school.
- Teach children the effects of exercise and how the body changes during exercise.
- Teach children the benefits of exercise and an active lifestyle.
- Teach children the importance of a balanced diet and energy balance.

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The lessons last one hour and cover a range of classroom and practical activities.

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| Week 1 | Exercise and its Effects on the Heart. Fitness Test |
| Week 2 | Breathing and how the Body Changes during Exercise.
Heart and Lung Circuit. |
| Week 3 | The Importance of a Balanced Diet. Balancing your Energy Game. |
| Week 4 | Healthy Lifestyles. Making up Games. |
| Week 5 | Quiz on Topics Covered. Second Fitness Test. |

We currently have 17 schools signed up to the scheme which equates to a 54% of all the primary schools in the District. The schools participating from the East Area are: - Felsted, Stebbing, Thaxted & The Rodings Primary.

October Sports and Arts Programme

- 5 We once again delivered a full activities programme during the October half term. Young people attended both arts and sports activities which, as usual, were very well received, however a number of courses have been operating for some time and we will be looking to introduce new activities and formats in the New Year.

Leisure and Cultural Grants

- 6 Since 2003 Uttlesford District Council has given grant aid in the form of the Leisure and Cultural Grant scheme. The Scheme is open to talented individuals, non-profit making organisations and local charities providing services to/for the community and/or for the purpose of assisting the arts, sports and cultural clubs. Applications from those residents/established for less than 6 months will **not** be considered.
- 7 Arts, sports and cultural projects/initiatives, which benefit individuals or residents of the Uttlesford District e.g. equipment, training, coaches etc are eligible to apply. N.B. Grants will **not** be given for on-going costs and projects which have already taken place.
- 8 The maximum grant given under the Leisure & Cultural Grant scheme is £500. Each eligible application will be given due consideration. Applicants must have raised 100% match funding towards the Project/Initiative. Decisions are made by the Chairman of the Community Committee on 1st of each month providing the application form is received by the Funding and Strategic Partnerships

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Officer by 16th of the preceding month. If the application is successful, payment is made within two weeks of the date of the decision being made.

- 9 The following applications from the East Area have received a grant award in this financial year:
- Valerie Inns - Visual artist-funding for research into display of sculpture. **£200**
 - Gardens of Easton Lodge - Enabled the Trust to involve 4 leading artists in creating and running arts workshop activities for events on 24 September and 15 October. **£250**

Thaxted Community Information Centre

- 10 As you are probably aware, Thaxted Community Information Centre currently opens on Monday, Tuesday, Friday and Saturday from 9.00am to 12.30pm.
- 11 Over the last year the usage of the CIC has been monitored, indicating that from November through to March the number of visitors reduces, particularly on Saturday. Following consultation with relevant District and Parish Councillors, plus key partner organisations, it has been decided to change from Saturday to Wednesday opening from 4 November 2006 (this Saturday) through to 31 March 2007. The opening and closing times on Wednesday will be 9.00am to 12.30pm, the same as on all other days. The new opening times have been publicised to customers for some time.
- 12 Although the CIC will not handle enquiries relating to council services on Saturday from November through to March, it will still be staffed occasionally by volunteers to deal with tourism enquiries and will be open from 10.30 to 12.30 and 1.30 to 4.00pm.
- 13 No further changes are proposed and the new arrangements will be subject to ongoing review throughout the above period.

Community Achievement Awards

- 14 Nominations for the 2006/2007 Community Achievement Awards have now been decided. The following recipients have been invited to attend an awards ceremony on Thursday 22 February at the Councils Offices, London Road, Saffron Walden where they will receive a framed certificate, presented by the Chairman of the Council, as a thank you for all years of voluntary service they have carried out within the community. The evening will commence with a sherry reception followed by a light buffet after the presentations have taken place.

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Mr Marcus Yeatts	Felsted School	Youth Initiatives
Mr James Tredgett	Grt High Roding	Service to the Local Community
Mr Fred Knight	Thaxted	Service to the Local Community & The Environment.
Mr Bruce Munro	Thaxted	Service to the Local Community
Mrs. Penny Gant	Felsted	Service to the Local Community

Staffing Update

- 15 Since the last meeting the District Council has employed a Communications Manager, Richard Auty. Richard comes to the Council with a wealth of experience, his last employment being with the Hull Daily Mail. Richard will lead on the Council's communication and website development. Richard can be contacted on rauty@uttlesford.gov.uk.

Date of Next Meeting

- 16 The next meeting will be held on 9 January 2007 in the United Reform Church Hall, Felsted and the main topics will be Eastern Sector Regional Spatial Strategy, Business Space/Economic Development and new Police Land.